

# **BILBOROUGH TEAMSPORTS**

**Team Sports Trials  
take place at 9:00am on  
Tuesday 3rd September  
at the Bilborough College  
Sports Centre**



# SPORTS TRIALS THE DETAILS

Tuesday 3rd September

9:00am in the Sports Centre

You must attend the sports trials if you would like to represent the college in competitive sports. College buses will be running on the day or you can make your way via public transports or by other means.

Suitable clothing must be worn for the trials including shorts/leggings, tops, mouthguards (Rugby). Please bring the correct footwear such as moulded studs/boots and or supportive trainers. **If you are completing football trials you must also bring shin pads with you to take part.**

**No jewellery must be worn.**

You will have access to the sports centre changing rooms.

## **Schedule for the day:**

9:00 - 9:30am Welcome Talk (Sports Hall)

9:30 - 10:15am Meet the Coaches (Breakout areas)

10:15 - 10:35am Break

10:35 - 10:50am Change for trials

10:50 - 12:10pm Trials Session 1

12:10 - 1:00pm Lunch

1:00 - 3:30pm Trials Session 2

If you are selected there is a one-off payment of £10 to be paid for the 2 years. This is for the use of college equipment, kit and kit maintenance (laundered).

The £10 payment can be made via Wisepay on or after the trials day. Unfortunately we cannot except cash payments.

If you have any questions before the trials please contact the college Sports Coordinators

[aiden.boulton@bilborough.ac.uk](mailto:aiden.boulton@bilborough.ac.uk)

[rachael.rhule@bilborough.ac.uk](mailto:rachael.rhule@bilborough.ac.uk)





# TRAINING AND FIXTURES

## Training

All sports training at the college takes place during B Block at the following times:

Monday 10:30am - men's football, rugby and basketball.  
Women's basketball 11:45, please eat your lunch before training starts.

Please note rugby training and (home) fixtures take place off-site at Ikeston Rugby Club. Transport to and from the ground will be provided.

Tuesday 1:00pm - 2:30pm - Netball training

Thursday 2:30pm - 4:10pm - Women's Football and Men's Football (numbers depending).

## Fixtures

Fixtures will be played home and away.

You **must not** organise activities on a Wednesday afternoon. For example, driving lessons, driving test, doctors etc. These must be booked outside of these hours. You may be liable for a £50 fine towards transport costs if a fixture is cancelled due to non-attendance without a valid reason.

Away games can return as late as 6pm.—  
you will be told in advance.

Team selection is based on those who attend the training session before the fixture. If you do not attend training you will not be selected to play in that week's match.

## Kit

Team shirts, socks and shorts are provided for sports fixtures. However you have to provide your own shin pads, boots /trainers and mouth pieces (rugby).

Netball dresses are also provided.

## AOC Sport

Fixtures are organised by AoC Sport (Association of Colleges). The AoC exists to encourage students to develop their potential by providing high quality sporting opportunities.

# NATIONAL CHAMPIONSHIPS

The National Championships is a prestigious 3 day event, it is a celebration of competitive sport in colleges, providing recognition, enjoyment and a unique opportunity for young athletes to compete at a national level against other young athletes in their college life.

It also remains the largest annual student sporting event in the UK, with nearly 2,000 college students taking part last year. (its just like a mini Olympics)

Sport teams and individual competitors can qualify to represent their region at the Championships through regional tournaments hosted throughout the academic year by AoC Sport. You could compete in a variety of sports such as Football, Basketball, Rugby, Cricket, Badminton, Cross country, Netball, Hockey, Volleyball, Squash, Tennis and Table Tennis.

You will attend your regional qualifier competition where you will compete in your chosen sport against other students from other East Midlands Colleges. If you successfully qualify you will join forces with fellow students from other East Midlands colleges to represent the East Midlands region.

All of the sports have opportunities to win points for medals, at the end of Sunday, all of the points from each sport are totalled meaning that 1 region out of 11 gets crowned National Champions and wins the Wilkinson's Sword.





# CELEBRATION OF SPORT

Throughout the year we celebrate the hard work and commitment shown by our students in team sports.

Celebration of Sports is a culmination of everything that has been achieved in sport over the past year. Celebrating the amazing achievements and fantastic success of our college sport teams and individuals. The event consists of a buffet, music and award ceremony.

It provides a fitting tribute to those students who go above and beyond in their sport in during their college life. Awards that are presented are selected by the team coaches

## **Awards available:**

Players Player  
Coaches Player  
Most Improved

Regular certificates are also presented to team players by the coaches every half-term. These recognise individual success and for students that go above and beyond in their team sport.

These successes are showcased in the sports centre and around the college.