

# SPORTS TRIALS THE DETAILS

#### **Schedule for the Day**

9:00 – 9:20 Welcome Talk – Large Sports Hall (Sports Centre)

9:20 – 10:20 Meet the Coaches – Breakout into separate rooms

10:20-10:40 Break

10:40 – 11:10 Leagues, Fixtures and Sports Enrichment

11:10 – 12:10 Meet the Year 13 Players

12:10 – 1pm Lunch

1:00 - 4:00pm Sports Trials

Suitable clothing for the trials will be needed such as shorts/leggings and tops.

Please bring the correct footwear such as moulded studs/ boots and or supportive trainers, and shin pads.

You will have full access to the changing room facilities.

A £10 (non refundable) contribution to curriculum fee is required on the day which can be paid by Wisepay.

Please note that the £10 includes use of the college kit, kit maintenance (laundered), and also for the Celebration of sport awards at the end of the college year.

If you would like to hire a locker while you are at the college to store your kit you will be required to pay a refundable £5 deposit by Wisepay. This will be refunded when you no longer need the facility and have returned the key.

If you have any questions before the trials please contact -

william.walton@bilborough.ac.uk or aiden.boulton@bilborough.ac.uk





# TRAINING AND FIXTURES

#### **Training**

All sports train <u>Monday</u> mornings during <u>B Block</u> except Netball and Women's Football who train <u>Tuesday</u> afternoons during <u>B Block</u>.

Training starts at 10.40am —12:10am on Mondays and Netball and Women's Football start at 1pm – 2:30pm on Tuesdays. It is a requirement for training that you are changed and ready to play at the start times.

Anyone who isn't will be marked late.

#### **Fixtures**

Fixtures are played home and away.

Under no circumstances can activities be organised on Wednesday afternoons when fixtures take place, this

Includes work, driving lessons, driving test, doctors, dentist etc. These must be booked outside of these hours. If students miss fixtures that results in away matches being cancelled you may be charged a fee as a contribution towards the cost of transport cancellations.

Away games can return as late as 6pm.

You will be told in advance.

Team selection is based on those who attend training on Mondays. If you do not attend training you will not be selected to play in that weeks fixture.

#### **Kit**

Team shirts are provided for <u>ALL</u> sport fixtures. However you have to provide your own <u>BLACK</u> shorts, socks, shin pads, boots and trainers.

Netball dresses are also provided.

#### **AOC Sport**

Fixtures are organised by AoC Sport (Association of Colleges). The AoC exists to encourage students to develop their potential by providing high quality sporting opportunities.

Over 270 colleges across England, Scotland and Wales are affiliated to the AoC, under a regional structure, making them the leading body for sport and active recreation in the country for students aged between 16 and 19 years.

### CHAMPIONAL CHAMPIONSHIPS

The National Championships is a prestigious 3 day event, it is a celebration of competitive sport in colleges, providing recognition, enjoyment and a unique opportunity for young athletes to compete at a national level against other young athletes in their college life.

It also remains the largest annual student sporting event in the UK, with nearly 2,000 college students taking part last year. (its just like a mini Olympics)

Sport teams and individual competitors can qualify to represent their region at the Championships through regional tournaments hosted throughout the academic year by AoC Sport. You will compete in a variety of sports such as Football, Basketball, Rugby, Cricket, Badminton, Cross country, Netball, Golf, Hockey, Volleyball, Squash, Tennis and Table Tennis.

You will attend your regional qualifier competition where you will compete in your chosen sport against other students from other East Midlands Colleges. If you successfully qualify you will join forces with fellow students from other East Midlands colleges to represent the East Midlands region.

All of the sports have opportunities to win points for medals, at the end of Sunday, all of the points from each sport are totalled meaning that 1 region out of 11 gets crowned National Champions and wins the Wilkinson's Sword.





## CELEBRATION OF SPORT

Celebration of Sport is a culmination of everything that has been achieved in sport over the past year. Celebrating the amazing achievements and fantastic success of our college sport teams and individuals.

It provides a fitting tribute to those students who go above and beyond in their sport and in their college life.

There are a range of awards up for grabs that recognise all the hard work and effort you have made throughout the season and the ambassadors you have been for the college.

The awards are presented by the coaches at the event.

