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SPRINGBOARD



A-Level Psychology

i OUR COURSE DETAILS

All teachers on the Psychology A Level course are subject specialists. The aim of the department is to offer routes to both employment and higher education in the discipline of Psychology. This course develops hardworking, organised and confident students who learn academic writing skills along with skills of critical thinking.

At Bilborough you will study the Eduqas specification. This specification will offer you a combination of academic exam modules as well as an opportunity for you to carry out two of your own personal investigations which allow you to practically demonstrate the research skills you will have acquired knowledge of during the course.

Those going onto Psychology degrees at undergraduate level or employment routes develop the specific knowledge required to succeed while those looking to develop broader personal interaction skills are also catered for, with a wide range of academic, organisational and teamwork challenges.

Eduqas A Level Psychology is the only A Level specification which includes a focus on the new paradigm within Psychology: Positivist Psychology. Positive Psychology is an area most students have had real world experience with usually via Mindfulness or Growth Mindset.



EMPLOYABILITY

www.jobsinpsychology.co.uk

www.prospects.ac.uk



LINKS TO THE SPECIFICATIONS

www.eduqas.co.uk



USEFUL ONLINE LINKS

Open University- can you trust your memory?

www.open.edu

BPS Research Digest digest.bps.org.uk

The Guardian Psychology site

www.theguardian.com

Browse Ted Talks for psychologists

www.ted.com

Courses in Psychology

www.massolit.io



UNIVERSITY COURSES

Explore some university courses on the UCAS website

www.ucas.com

Explore some of the best Psychology courses in the UK

www.thecompleteuniversityguide.co.uk



PEOPLE TO RESEARCH

We will be learning about the Behaviourist approach to human behaviour so explore **John Watson's** ideas about learning from the environment. If you are interested in memory, remembering and forgetting, **Elizabeth Loftus** has done much work in this area, look her up. If you are in search of optimism and self-fulfillment then check out the founding father of positive Psychology **Martin Seligman**.



OUR TOP READS

- A -Level Psychology 'Skills Builder' by Louise Steans
- 'The Anatomy of Violence' by Adrian Raine
- 'Classic Case Studies in Psychology' by Geoff Rolls
- 'Elephants on Acid: And Other Bizarre Experiments' by Alex Boese
- 'Frazzled' by Ruby Wax



TV & FILM

- 100 Humans- Netflix
- The Mind Explained- short episodes on topic including memory, sleep, anxiety, mindfulness- Netflix
- The Creative Brain – useful for Biological Psychology- Netflix
- Inside the Criminal Mind-Netflix
- Three Identical Strangers- good for Nature Vs Nurture debate and has links to schizophrenia- Netflix
- What Makes a Murderer- Channel 4
- Child of Our Time- BBC iplayer
- Stacey Dooley On The Psych Ward- BBC iplayer
- Brain Games- Disney+
- One Flew Over the Cuckoo's Nest - film
- A Beautiful Mind—Film
- 'Take Your Pills'- documentary that focuses on the use of the drug Adderall- Netflix



PODCASTS TO LISTEN TO

- 'All in the Mind'- BBC- Radio 4
- 'The Science of Evil'- BBC Sounds
- British Psychological Society podcast 'PsychCrunch'

