







What are the Symptoms of Covid19 (Coronavirus)?	 COVID19 (coronavirus) symptoms: - a new continuous cough - a high temperature - a loss of, or change in, your normal sense of taste or smell (anosmia)	
What to do if ...	Action Needed	Back to College
 <p>... I have COVID19 (coronavirus) symptoms</p>	<ul style="list-style-type: none"> • Do not attend College and get a TEST for Covid19 • Notify College that you are required to self-isolate on 0115 851 5829 • All members of your household should self-isolate while you wait for your test results • Inform college immediately when you have the results of your test 	<p>... when your test comes back negative and you are symptom-free for 48 hours</p> <p><i>NB. If you can't get a test you are required to stay off college for 14 days</i></p>
 <p>... I test positive for COVID19 (coronavirus)</p>	<ul style="list-style-type: none"> • Do not attend College. • Notify College that you have a positive test result immediately on 0115 851 5829 • You must self-isolate for at least 10 days from when symptoms start (or from day of test if no symptoms). • All members of your household should self-isolate for 14 days from when symptoms started (or from day of test if no symptoms) – even if they test negative during those 14 days. 	<p>... after 10 days from when your symptoms start (or from day of test if no symptoms)</p> <p>As long as you feel better and you have been without a fever for at least 48 hours... <i>even if you still have a cough or loss of smell/taste as these symptoms can last for several weeks once the infection has gone.</i></p>
 <p>... somebody in my household has COVID19 (coronavirus symptoms*)</p>	<ul style="list-style-type: none"> • Do not attend College & contact 0115 851 5829 • Household member with symptoms should get a test. • Whole household self-isolates while waiting for test result • Inform college immediately about test results 	<p>... when household member test is negative, and you do not have COVID19 symptoms*</p>
 <p>... somebody in my household has tested positive for COVID19 (coronavirus)</p>	<ul style="list-style-type: none"> • Do not attend College & contact 0115 851 5829 • Whole household self-isolates for 14 days from day when symptoms started (or from day of test if no symptoms) – even if you test negative during those 14 days 	<p>... when you have completed 14 days of self-isolation, even if you test negative during 14 days... And you don't have any Covid19 symptoms</p>
 <p>... I have been in close contact with someone who has had a positive test (who is not a member of my household)</p>	<ul style="list-style-type: none"> • Seek advice from the Covid19 Absence Line before attending College on 0115 851 5829 <p><u>What is a close contact?</u></p> <ul style="list-style-type: none"> • Direct contact - having face-to-face contact with someone less than 1 metre away (this will include times where you have worn a face covering or a face mask) • Proximity contact - Spending more than 15 minutes within 2 metres of someone or travelling in a car or other small vehicle with someone (even on a short journey) 	<p>If you have been contacted NHS Track and Trace please self-isolate in accordance with the advice they give you.</p> <p>If you have not been contacted by NHS Track and Trace please contact the College on 0115 851 5829 or by email on Covid19absence@bilborough.ac.uk before returning to College</p>

Contact the College Covid19 Absence Reporting on **0115 851 5829** or **Covid19absence@bilborough.ac.uk** by email. Do not attend College until you have received a call back from a staff member