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# SPRINGBOARD



## Bilborough Xtra Team Sports

### **i** TEAM SPORTS TRIALS

If you would like to take part in team sports at Bilborough College you will need to attend trials that take place for the following sports:

**NETBALL, RUGBY, MEN'S FOOTBALL, WOMEN'S BASKETBALL, MEN'S BASKETBALL**

We are hoping this will take place in September where you will meet the coaches and have the opportunity to try out for the college teams. You will receive further details on when and where these will take place once the new academic year starts.

When you attend trials you must wear suitable clothing such as flexible sport shorts/leggings and tops.

Please also bring the correct footwear moulded studs/boots and or supportive trainers plus SHIN PADS.

During the session we will be going through photo consent, Team Sports code of conduct, emergency contacts and other documents that will need to be signed by you.

Please also be aware you are required to make a non-refundable contribution to curriculum payment of £10. This can be made online via the college Wisepay system under 'Team Sports Payment' on or before the day of the trials. Please note that the £10 includes use of the college kit, kit maintenance (including laundered), and entry to the awards evening Celebration of sport.

If you have any questions before the trials, please contact James via email:  
[James.quested@bilborough.ac.uk](mailto:James.quested@bilborough.ac.uk)



**KIT**

Team shirts are provided for ALL sport fixtures. However, you will need to provide your own BLACK shorts, socks, shin pads, boots and trainers. Netball dresses are provided.



**TRAINING**

Once team selections have been made all sports train Monday mornings during B Block with the exception of Netball who train Tuesday afternoons during B Block.

Training starts @ 10:30am except Men's Basketball who start @ 11:30am (please have your lunch before) and Netball who start at 1pm on Tuesday afternoons.





## **AOC SPORT**

Fixtures on Wednesday afternoons are organised by AoC Sport (Association of Colleges). The AoC exists to encourage students to develop their potential by providing high quality sporting opportunities.

Over 270 colleges across England, Scotland and Wales are affiliated to the AoC, under a regional structure, making them the leading body for sport and active recreation in the country for students aged between 16 and 19 years.



### **CELEBRATION OF SPORT**

Celebration of sports evening is a culmination of everything that has been achieved in sport over the past year. Celebrating the amazing achievements and fantastic success of our college sport teams and individuals.

It provides a fitting tribute to those students who go above and beyond in their sport in their college life.

It takes place at an external venue – giving you the chance to dress up!

The night consists of sport awards, live band, DJ, Karaoke, food, dancing and fantastic memories.

Awards include:

Players Player— Chosen by your team players

Coachers Player—Chosen by your coach

Most Improved — Chosen by your coach

Over All Boy and Girl—Chosen by the department



### **FIXTURES**

Team sports fixtures will be played at home and away against other schools and colleges.

It is essential you do not organise activities on a Wednesday afternoon. For example, driving lessons, work commitments, dentist appointments etc.

By taking part in team sports you are committing to the times above and your team. You may be subject to a fine if matches are repeatedly missed.

Team selection is based on those who attend training on Mondays. If you do not attend training, you will not be selected to play in that week's fixture.

(Due to potential social distancing restrictions that may be put in place the above days/ times may be subject to change)



### **NATIONAL CHAMPIONSHIPS**

National Championships is a prestigious 3-day event, it is a celebration of competitive sport in colleges, providing recognition, enjoyment and a unique opportunity for young athletes to compete at a national level against other young athletes in their college life.

It also remains the largest annual student sporting event in the UK, with nearly 2,000 college students taking part last year. (it's just like a mini Olympics) Sport teams and individual competitors can qualify to represent their region at the Championships through regional tournaments hosted throughout the academic year by AoC Sport.

You will compete in a variety of sports including Football, Basketball, Rugby, Cricket, Badminton, Cross country, Netball, Golf, Hockey, Volleyball, Squash, Tennis and Table Tennis.

By attending your regional qualifier competition, you will compete in your chosen sport against other students from colleges in the East Midlands. If you successfully qualify you will then join with fellow students from other East Midlands colleges to represent the East Midlands region with the winning regions getting crowned National Champions and presented the Wilkinson's Sword.

If you have any further questions on team sports at Bilborough College or any of the sports enrichments offered, please contact [james.quested@bilborough.ac.uk](mailto:james.quested@bilborough.ac.uk).